

Summer –2025/ 26

## Line Dancers of South Australia

Invite you to **Come and Learn:**



*Relax and have fun with new friends  
Enjoy good music and dancing  
It's a great way to get fitter*

# Line Dancing

**Cost: \$15.00 Adults (2-hour class) \$12.00 Under 15 (2-hour class)**

*(More for Advanced classes, less for shorter length classes. All fees include 10% GST) Prices are as at 1/3/2022*

*No partner required Continuous Intake*

*BYO cool refreshments, No Alcohol*

*Easy through to Advanced Level available*

*flattish soled shoes recommended, No Smoking*

*All ages welcome (Children must be supervised)*

*Comfortable, light clothing recommended*



**For further information on classes in your area, ring the**

**Line Dance InfoLine 0407 970 418**

*{Please leave a message on our voicemail and we will call you back as soon as possible}*

**Email: [peter@linedancersofsa.org](mailto:peter@linedancersofsa.org)**

**ABN 47 492 203 416**

### Company Policy

Established in 1993, the Line Dancers of South Australia pride themselves in providing quality sound, music, teaching and entertainment in a non-smoking, non-threatening environment. Attention is paid to low impact and low turn alternatives for the less strenuous dancer, as well as different speeds of music to assist learning.

We emphasize teaching how to dance, for comfort, health, and safety, rather than just teaching dances. All dance choreography has been meticulously evaluated to be appropriate for the level of class it is offered in. Music used is varied in genre and era, not just Country Music.

### Qualifications / Disclaimer

Our instructors are trained in teaching techniques and attend regular workshops to maintain their skills. High quality sound equipment and cordless microphones are used to provide the best listening experience possible.

Dancers dance at their own risk however, and should only attempt actions that suit their physical limitations.

We do not encourage wearing high heel shoes and suggest bringing a pair of street shoes and a pair of sneakers and choose which is appropriate on the day, depending on humidity and floor surface. Bring liquid/water to drink as you will get thirsty.

Line dancing is proven to be advantageous in reducing the onset of Dementia, Osteo-Porosis, and Heart Disease... and it is fun.

**Venue Key:** ⊗ Airconditioned ⊘ Not open on Public Holidays

**Class Level Key:** **E** Easy/Fun Level, **T** Transition/Low Mainstream, **M** Medium/Mainstream,  
**C** Crossover/Low Intermediate, **H** Hard/Intermediate/Advanced

New starters are recommended to try **Easy** level first, to learn/refresh the terminology

### **QUICK REFERENCE GUIDE (NO NEED TO BOOK, PAY AS YOU GO (Cash Only), JUST TURN UP)**

<b>MONDAYS</b>	<b>DAY:</b>	Windsor Gardens (E);	South Plympton (H)
<b>TUESDAYS</b>	<b>DAY:</b>	Morphett Vale (M/T);	Victor Harbor (E), (M); Port Lincoln (E)
		Marden (M);	West Croydon (E); Kadina (E)
	<b>NIGHT:</b>	South Plympton (H)	Seaton (T); Kensington Pk (E); Murray Bridge (E/T)
<b>WEDNESDAYS</b>	<b>DAY:</b>	Marden (E);	Windsor Gardens (T), (M); Port Lincoln (M)
	<b>NIGHT:</b>	Ingle Farm (E)	
<b>THURSDAYS</b>	<b>DAY:</b>	Colonel LG (E);	Reynella (E); Marden (T); Unley (E)
		McLaren Vale (E)	South Plympton (C), (T)
	<b>NIGHT:</b>	Seaton (M)	Ingle Farm (T)
<b>FRIDAYS</b>	<b>DAY:</b>	Goolwa (E);	Port Lincoln (T)

**WEBSITE: [www.linedancersofsa.org](http://www.linedancersofsa.org) and also on Facebook**

*Our flyers are updated every two to three months - please check the website for up-to-date information*